

Chichester Dance Centre

Dance Class Description & General Information

Pre-School

Classes for 3 – 5 year olds.

This programme presented in a balletic style carefully introduces the child to the basic structures of dance and stresses co-ordination, musicality, mime and creative movement, which can lend to further study in either Ballet or Modern dance.

Ballet

Royal Academy of Dance – Ballet (5years and over)

The RAD Ballet syllabus is not only great fun for children to dance, it also helps co-ordination, fitness, sense of rhythm, musicality, self-expression and promotes self-discipline and boosts confidence. Classical Technique and free movement will be taught Character Dancing being introduced from Grade One upwards (approx. 8 years of age). Children will also be introduced to the Ballet Syllabus of the Professional Teachers of Dancing (PTD), which concentrates on strength and classical technique.

Modern/Jazz Dance – 5 years and over – Professional Teachers of Dancing (PTD) & Freework

A stylised modern day form of dance, this class commences with a warm up and limbering parts of the body and then progresses through a vocabulary of steps and dance moves concentrating on rhythm and spatial awareness. These are then combined gradually into routines to popular music with the children being encouraged to use their own choreographic ideas.

Tap Dance – 5 years and over – Professional Teachers of Dancing (PTD) & Freework

Children will be introduced to basic Tap steps gradually building up to amalgamations and dance routines.

Uniform

Pupils are required to wear the correct uniform for their class, a uniform list is provided for new pupils together with an order form to purchase from the Dance Centre.

Exams (Optional)

Children are prepared for examination with the Professional Teachers of Dancing (PTD) in Ballet, Modern Jazz and Tap Dance and for the Ballet examinations of the Royal Academy of Dance.

The minimum age for all exams is 5 years, children wishing to take exams MUST be prepared to attend extra lessons on the run up to the exams and to attend a rehearsal. Correct uniform and grooming will be required.

Exam sessions are usually held over the course of one or two days, therefore the day and time of individual exams will not necessarily coincide with that of the child's regular lesson.

Individual readiness to take an exam is dependant on the knowledge of the syllabus and enough time spent on gaining strength of technique and musical and artistic presentation, a minimum of 4 – 6 terms at each level is recommended.

The teacher in consultation with parents will decide when the child is ready to be entered for the exam. Parental involvement with encouragement to attend regular lessons and to practice at home will help to lead to success in exams.

Please note that parents will be required to pay an exam entry fee for each exam taken and for any extra lessons or rehearsals required.

Shows & Performances

All pupils will be given the opportunity to take part in the Dance Centre general performances, other opportunities to perform may apply to certain classes, groups or individuals as and when they arise. Parental permission will always be required and further commitment of time and cost may occur. New pupils joining classes in the term preceding a performance will be exempt.